

The Fourth Commandment

“Remember the Sabbath Day to keep it holy.”

Exodus 20:8-11

8 Remember the sabbath day, to keep it holy. 9 Six days shall thou labor, and do all thy work: 10 But the seventh day is the sabbath of the LORD thy God: in it you shall not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: 11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

Intro

Basics: God's moral law written on the hearts of every man.

Schoolmaster (bus driver) to bring (drive) us to Christ.

→ Convict, Correct, Protect, Direct

Posted: In your house, and in your heart.

N.T. - Not to destroy the law but to fulfill it.

Blue Laws

Exodus 35:3 Ye shall kindle no fire throughout your habitations upon the sabbath day.

Exodus 31:15 Six days may work be done; but in the seventh *is* the sabbath of rest, holy to the LORD:

whosoever doeth *any* work in the sabbath day, he shall surely be put to death.

Nehemiah 13:15 In those days saw I in Judah *some* treading wine presses on the sabbath, and bringing in sheaves, and lading asses; as also wine, grapes, and figs, and all *manner of* burdens, which they brought into Jerusalem on the sabbath day: and I testified *against them* in the day wherein they sold victuals.

Jeremiah 17:21 Thus saith the LORD; Take heed to yourselves, and bear no burden on the sabbath day, nor bring *it* in by the gates of Jerusalem; 22 Neither carry forth a burden out of your houses on the sabbath day, neither do ye any work, but hallow ye the sabbath day, as I commanded your fathers.

Numbers 15:32 And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day.³³ And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation.

- No work inside your gates
- Selling and Buying
- No carrying loads
- No picking up sticks
- Sabbath Day's Journey
- Stoned for Sabbath breach

A Sabbath-day's journey is 2,000 paces or yards from the city walls #Ac 1:12 According to Jewish tradition, it was the distance one might travel without violating the law of #Ex 16:29

No newspaper, no cooking, no TV, no play, no games or sports, no restaurants, shopping

Remember the Sabbath Day to keep it holy.

The point of the commandment is to help us Love God, and Love People

It is not about keeping Rules and Regulations. It is not about Do's and Don'ts. Love God by giving him you attention, affection, worship, and enjoy him.

REMEMBER! - Indicates it is not a new command or a law of Moses. It is a principle or eternal law that God set into effect since creation. It has not changed and never will.

PRINCIPLE OR LAW - Is gravity is a law or a principle? Don't put your finger in a light socket - law or principle? **STATUTE** = a prescription, ordinance a custom for one's own good. Don't spit into the wind - principle or law?

Psalms 19:7 The law of the LORD *is* perfect, converting the soul: the testimony of the LORD *is* sure, making wise the simple. 8 The statutes of the LORD *are* right, rejoicing the heart: the commandment of the LORD *is* pure, enlightening the eyes.

OLD TESTAMENT INSTRUCTIONS

1. Genesis 2:2-3 - Sabbath Day - or seventh day

Genesis 2:2 And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. 3 And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

2. Exodus 20:8-11 - Keep it holy, dedicated, special

Exodus 20:8 Remember the sabbath day, to keep it holy. 9 Six days shall thou labor, and do all thy work: 10 But the seventh day is the sabbath of the LORD thy God: in it you shall not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: 11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

3. Isaiah 58:13 - Make it a delight

If thou turn away thy foot from the sabbath, *from* doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking *thine own* words:

NEW TESTAMENT INSIGHTS

1. Mark 2:27 - Man is not made for the Sabbath... Jesus is Lord of the Sabbath

Matthew 12:1-11 Ox in a pit

Luke 6:9 - Is it lawful on the sabbath days to do good, or to do evil? to save life, or to destroy *it*?

John 7:23 If a man on the sabbath day receive circumcision, that the law of Moses should not be broken; are ye angry at me, because I have made a man every whit whole on the sabbath day?

2. Hebrews 4:4 (3-11) For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. There remains a rest for the people of God.

3. Colossians 2:16 Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days

A. SABBATH PRINCIPLES

1. Sanctify the Sabbath - (**The Lord's Day**) Deuteronomy 5:12 The Sabbath is for you. It is sacred ground. It is God's turf. It is God's Day in which he wants to meet with you. Sanctify means "to set it apart" different and special, that is exceptional from all other days. Deuteronomy 5:12 Keep the sabbath day to sanctify it, as the LORD thy God hath commanded you.
2. Rest from all Labor - (**Be Still**) Exodus 31:15 Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, *for a perpetual covenant*. 17 *It is* a sign between me and the children of Israel for ever: for *in* six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.
3. Enjoy God - (**Delight in the Lord**) Isaiah 58:13-14 If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: 14 Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken *it*.
4. Worship God together - (**Holy Convocation**) Exodus 12:16 And in the first day *there shall be* an holy convocation, and in the seventh day there shall be an holy convocation to you; no manner of work shall be done in them, save *that* which every man must eat, that only may be done of you. Lev 23:3 Six days shall work be done: but the seventh day *is* the sabbath of rest, an holy convocation; ye shall do no work *therein*: *it is* the sabbath of the LORD in all your dwellings. Heb 10:25-26 Forsake not the assembling of yourselves together as the manner of some is, but so much more as you see the day approaching.
5. Bring an Offering - (**Not Before God Empty Handed**) Ex 23:15; 34:20 Numbers 28:9 And on the sabbath day two lambs of the first year without spot, and two tenth deals of flour *for* a meat offering, mingled with oil, and the drink offering thereof: Ezekiel 46:4, 12 3 Likewise the people of the land shall worship at the door of this gate before the LORD in the sabbaths and in the new moons. 4 And the burnt offering that the prince shall offer unto the LORD in the sabbath day *shall be* six lambs without blemish, and a ram without blemish. 5 And the meat offering *shall be* an ephah for a ram, and the meat offering for the lambs as he shall be able to give, and an hin of oil to an ephah.

B. SABBATH JUDGING

1. John 7:21-24 – Judge not appearance, judge righteous judgement
2. Romans 14:4-10 – Let every man be fully persuaded in his own mind.
3. Colossians 2:16-17 – Let no man judge you...in respect to sabbath days

John 7:21-24

21 Jesus answered and said unto them, I have done one work, and ye all marvel. 22 Moses therefore gave unto you circumcision; (not because it is of Moses, but of the fathers;) and ye on the sabbath day circumsise a man. 23 If a man on the sabbath day receive circumcision, that the law of Moses should not be broken; are ye angry at me, because I have made a man every whit whole on the sabbath day? 24 Judge not according to the appearance, but judge righteous judgement.

Romans 14:6

He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks.

4 Who art thou that judgest another man's servant? to his own master he standeth or falleth. Yea, he shall be holden up: for God is able to make him stand. 5 One man esteemeth one day above another: another esteemeth every day alike. Let every man be fully persuaded in his own mind. 6 He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks. 7 For none of us liveth to himself, and no man dieth to himself. 8 For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's. 9 For to this end Christ both died, and rose, and revived, that he might be Lord both of the dead and living. 10 But why dost thou judge thy brother? or why dost thou set at nought thy brother? for we shall all stand before the judgment seat of Christ.

Colossians 2:16

Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days: 17 Which are a shadow of things to come; but the body is of Christ.

Sabbath

(Heb. verb shabbath, meaning "to rest from labour"), the day of rest. It is first mentioned as having been instituted in Paradise, when man was in innocence #Ge 2:2 "The sabbath was made for man, "as a day of rest and refreshment for the body and of blessing to the soul. It is next referred to in connection with the gift of manna to the children of Israel in the wilderness #Ex 16:23 and afterwards, when the law was given from Sinai #Ex 20:11 the people were solemnly charged to "remember the sabbath day, to keep it holy." Thus it is spoken of as an institution already existing.

In the Mosaic law strict regulations were laid down regarding its observance #Ex 35:2,3 Le 23:3 26:34 These were peculiar to that dispensation. In the subsequent history of the Jews frequent references are made to the sanctity of the Sabbath #Isa 56:2,4,6,7 58:13,14 Jer 17:20-22 Ne 13:19

In later times they perverted the Sabbath by their traditions. Our Lord rescued it from their perversions, and recalled to them its true nature and intent #Mt 12:10-13 Mr 2:27 Lu 13:10-17

The Sabbath, originally instituted for man at his creation, is of permanent and universal obligation. The physical necessities of man require a Sabbath of rest. He is so constituted that his bodily welfare needs at least one day in seven for rest from ordinary labor. Experience also proves that the moral and spiritual necessities of men also demand a Sabbath of rest. "I am more and more sure by experience that the reason for the observance of the Sabbath lies deep in the everlasting necessities of human nature, and that as long as man is man the blessedness of keeping it, not as a day of rest only, but as a day of spiritual rest, will never be annulled. I certainly do feel by experience the eternal obligation, because of the eternal necessity, of the Sabbath. The soul withers without it. It thrives in proportion to its observance.

The Sabbath was made for man. God made it for men in a certain spiritual state because they needed it. The need, therefore, is deeply hidden in human nature. He who can dispense with it must be holy and spiritual indeed. And he who, still unholy and unspiritual, would yet dispense with it is a man that would fain be wiser than his Maker" (F. W. Robertson). The ancient Babylonian calendar, as seen from recently recovered inscriptions on the bricks among the ruins of the royal palace, was based on the division of time into weeks of seven days. The Sabbath is in these inscriptions designated Sabattu, and defined as "a day of rest for the heart" and "a day of completion of labor."

The change of the day. Originally at creation the seventh day of the week was set apart and consecrated as the Sabbath.

The first day of the week is now observed as the Sabbath. Has God authorized this change? There is an obvious distinction between the Sabbath as an institution and the particular day set apart for its observance. The question, therefore, as to the change of the day in no way affects the perpetual obligation of the Sabbath as an institution. Change of the day or no change, the Sabbath remains as a sacred institution the same. It cannot be abrogated. If any change of the day has been made, it must have been by Christ or by his authority. Christ has a right to make such a change [#Mr 2:23-28](#)

As Creator, Christ was the original Lord of the Sabbath [#Joh 1:3](#) [#Heb 1:10](#) It was originally a memorial of creation. A work vastly greater than that of creation has now been accomplished by him, the work of redemption. We would naturally expect just such a change as would make the Sabbath a memorial of that greater work. True, we can give no text authorizing the change in so many words. We have no express law declaring the change. But there are evidences of another kind. We know for a fact that the first day of the week has been observed from apostolic times, and the necessary conclusion is, that it was observed by the apostles and their immediate disciples.

This, we may be sure, they never would have done without the permission or the authority of their Lord. After his resurrection, which took place on the first day of the week [#Mt 28:1](#) [#Mr 16:2](#) [#Lu 24:1](#) [#Joh 20:1](#) **we never find Christ meeting with his disciples on the seventh day.** But he specially honoured the first day by manifesting himself to them on four separate occasions [#Mt 28:9](#) [#Lu 24:34,18-33](#) [#Joh 20:19-23](#) Again, on the next first day of the week, Jesus appeared to his disciples [#Joh 20:26](#) Some have calculated that Christ's ascension took place on the first day of the week. And there can be no doubt that the descent of the Holy Ghost at Pentecost was on that day [#Ac 2:1](#) Thus Christ appears as instituting a new day to be observed by his people as the Sabbath, a day to be henceforth known amongst them as the "Lord's day."

The observance of this "Lord's day" as the Sabbath was the general custom of the primitive churches, and must have had apostolic sanction (comp.) [#Ac 20:3-7](#) [#1Co 16:1,2](#) and authority, and so the sanction and authority of Jesus Christ. The words "at her sabbaths" [#La 1:7](#) A.V. ought probably to be, as in the Revised Version, "at her desolations."

OLD TESTAMENT SABBATH DAY

Exodus 16:23 And he said unto them, This *is that* which the LORD hath said, To morrow *is* the rest of the holy [sabbath](#) unto the LORD: bake *that* which ye will bake *to day*, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.

Exodus 16:25 And Moses said, Eat that to day; for to day *is* a [sabbath](#) unto the LORD: to day ye shall not find it in the field.

Exodus 16:26 Six days ye shall gather it; but on the seventh day, *which is* the [sabbath](#), in it there shall be none.

Exodus 16:29 See, for that the LORD hath given you the [sabbath](#), therefore he giveth you on the sixth day the bread of two days; abide ye every man in his place, let no man go out of his place on the seventh day.

Exodus 20:8 Remember the [sabbath](#) day, to keep it holy.

Exodus 20:10 But the seventh day *is* the [sabbath](#) of the LORD thy God: *in it* thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that *is* within thy gates:

Exodus 20:11 For *in* six days the LORD made heaven and earth, the sea, and all that in them *is*, and rested the seventh day: wherefore the LORD blessed the [sabbath](#) day, and hallowed it.

Exodus 31:14 Ye shall keep the [sabbath](#) therefore; for it *is* holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth *any* work therein, that soul shall be cut off from among his people.

Exodus 31:15 Six days may work be done; but in the seventh *is* the [sabbath](#) of rest, holy to the LORD: whosoever doeth *any* work in the [sabbath](#) day, he shall surely be put to death.

Exodus 31:16 Wherefore the children of Israel shall keep the [sabbath](#), to observe the [sabbath](#) throughout their generations, *for* a perpetual covenant.

Exodus 35:2 Six days shall work be done, but on the seventh day there shall be to you an holy day, a [sabbath](#) of rest to the LORD: whosoever doeth work therein shall be put to death.

Exodus 35:3 Ye shall kindle no fire throughout your habitations upon the [sabbath](#) day.

Leviticus 16:31 It *shall be* a [sabbath](#) of rest unto you, and ye shall afflict your souls, by a statute for ever.

Leviticus 23:3 Six days shall work be done: but the seventh day *is* the [sabbath](#) of rest, an holy convocation; ye shall do no work *therein*: it *is* the [sabbath](#) of the LORD in all your dwellings.

Leviticus 23:11 And he shall wave the sheaf before the LORD, to be accepted for you: on the morrow after the [sabbath](#) the priest shall wave it.

Leviticus 23:15 ¶ And ye shall count unto you from the morrow after the [sabbath](#), from the day that ye brought the sheaf of the wave offering; seven sabbaths shall be complete:

Leviticus 23:16 Even unto the morrow after the seventh [sabbath](#) shall ye number fifty days; and ye shall offer a new meat offering unto the LORD.

Leviticus 23:24 Speak unto the children of Israel, saying, In the seventh month, in the first *day* of the month, shall ye have a [sabbath](#), a memorial of blowing of trumpets, an holy convocation.

Leviticus 23:32 It *shall be* unto you a [sabbath](#) of rest, and ye shall afflict your souls: in the ninth *day* of the month at even, from even unto even, shall ye celebrate your [sabbath](#).

Leviticus 23:39 Also in the fifteenth day of the seventh month, when ye have gathered in the fruit of the land, ye shall keep a feast unto the LORD seven days: on the first day *shall be* a [sabbath](#), and on the eighth day *shall be* a [sabbath](#).

Leviticus 24:8 Every [sabbath](#) he shall set it in order before the LORD continually, *being taken* from the children of Israel by an everlasting covenant.

Leviticus 25:2 Speak unto the children of Israel, and say unto them, When ye come into the land which I give you, then shall the land keep a [sabbath](#) unto the LORD.

Leviticus 25:4 But in the seventh year shall be a [sabbath](#) of rest unto the land, a [sabbath](#) for the LORD: thou shalt neither sow thy field, nor prune thy vineyard.

Leviticus 25:6 And the [sabbath](#) of the land shall be meat for you; for thee, and for thy servant, and for thy maid, and for thy hired servant, and for thy stranger that sojourneth with thee,

Numbers 15:32 And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the [sabbath](#) day.

Numbers 28:9 ¶ And on the [sabbath](#) day two lambs of the first year without spot, and two tenth deals of flour *for* a meat offering, mingled with oil, and the drink offering thereof:

Numbers 28:10 *This is* the burnt offering of every [sabbath](#), beside the continual burnt offering, and his drink offering.

Deuteronomy 5:12 Keep the [sabbath](#) day to sanctify it, as the LORD thy God hath commanded thee.

Deuteronomy 5:14 But the seventh day *is* the [sabbath](#) of the LORD thy God: *in it* thou shalt not do any work, thou, nor thy son, nor thy daughter, nor thy manservant, nor thy maidservant, nor thine ox, nor thine ass, nor any of thy cattle, nor thy stranger that *is* within thy gates; that thy manservant and thy maidservant may rest as well as thou.

Deuteronomy 5:15 And remember that thou wast a servant in the land of Egypt, and *that* the LORD thy God brought thee out thence through a mighty hand and by a stretched out arm: therefore the LORD thy God commanded thee to keep the [sabbath](#) day.

2 Kings 4:23 And he said, Wherefore wilt thou go to him to day? *it is* neither new moon, nor [sabbath](#). And she said, *It shall be well*.

2 Kings 11:5 And he commanded them, saying, This *is* the thing that ye shall do; A third part of you that enter in on the [sabbath](#) shall even be keepers of the watch of the king's house;

2 Kings 11:7 And two parts of all you that go forth on the [sabbath](#), even they shall keep the watch of the house of the LORD about the king.

2 Kings 11:9 And the captains over the hundreds did according to all *things* that Jehoiada the priest commanded: and they took every man his men that were to come in on the [sabbath](#), with them that should go out on the [sabbath](#), and came to Jehoiada the priest.

2 Kings 16:18 And the covert for the [sabbath](#) that they had built in the house, and the king's entry without, turned he from the house of the LORD for the king of Assyria.

1 Chronicles 9:32 And *other* of their brethren, of the sons of the Kohathites, *were* over the shewbread, to prepare *it* every [sabbath](#).

2 Chronicles 23:4 This *is* the thing that ye shall do; A third part of you entering on the [sabbath](#), of the priests and of the Levites, *shall be* porters of the doors;

2 Chronicles 23:8 So the Levites and all Judah did according to all things that Jehoiada the priest had commanded, and took every man his men that were to come in on the [sabbath](#), with them that were to go *out* on the [sabbath](#): for Jehoiada the priest dismissed not the courses.

2 Chronicles 36:21 To fulfil the word of the LORD by the mouth of Jeremiah, until the land had enjoyed her sabbaths: *for* as long as she lay desolate she kept [sabbath](#), to fulfil threescore and ten years.

Nehemiah 9:14 And madest known unto them thy holy [sabbath](#), and commandedst them precepts, statutes, and laws, by the hand of Moses thy servant:

Nehemiah 10:31 And *if* the people of the land bring ware or any victuals on the [sabbath](#) day to sell, *that* we would not buy it of them on the [sabbath](#), or on the holy day: and *that* we would leave the seventh year, and the exaction of every debt.

Nehemiah 13:15 ¶ In those days saw I in Judah *some* treading wine presses on the [sabbath](#), and bringing in sheaves, and lading asses; as also wine, grapes, and figs, and all *manner of* burdens, which they brought into Jerusalem on the [sabbath](#) day: and I testified *against them* in the day wherein they sold victuals.

Nehemiah 13:16 There dwelt men of Tyre also therein, which brought fish, and all manner of ware, and sold on the [sabbath](#) unto the children of Judah, and in Jerusalem.

Nehemiah 13:17 Then I contended with the nobles of Judah, and said unto them, What evil thing *is* this that ye do, and profane the [sabbath](#) day?

Nehemiah 13:18 Did not your fathers thus, and did not our God bring all this evil upon us, and upon this city? yet ye bring more wrath upon Israel by profaning the [sabbath](#).

Nehemiah 13:19 And it came to pass, that when the gates of Jerusalem began to be dark before the [sabbath](#), I commanded that the gates should be shut, and charged that they should not be opened till after the [sabbath](#): and *some* of my servants set I at the gates, *that* there should no burden be brought in on the [sabbath](#) day.

Nehemiah 13:21 Then I testified against them, and said unto them, Why lodge ye about the wall? if ye do *so* again, I will lay hands on you. From that time forth came they no *more* on the [sabbath](#).

Nehemiah 13:22 And I commanded the Levites that they should cleanse themselves, and *that* they should come *and* keep the gates, to sanctify the [sabbath](#) day. Remember me, O my God, *concerning* this also, and spare me according to the greatness of thy mercy.

Psalms 92:1 ¶ <<A Psalm or Song for the [sabbath](#) day.>> *It is a good thing* to give thanks unto the LORD, and to sing praises unto thy name, O most High:

Isaiah 56:2 Blessed *is* the man *that* doeth this, and the son of man *that* layeth hold on it; that keepeth the [sabbath](#) from polluting it, and keepeth his hand from doing any evil.

Isaiah 56:6 Also the sons of the stranger, that join themselves to the LORD, to serve him, and to love the name of the LORD, to be his servants, every one that keepeth the [sabbath](#) from polluting it, and taketh hold of my covenant;

Isaiah 58:13 ¶ If thou turn away thy foot from the sabbath, *from* doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking *thine own* words:

Isaiah 66:23 And it shall come to pass, *that* from one new moon to another, and from one sabbath to another, shall all flesh come to worship before me, saith the LORD.

Jeremiah 17:21 Thus saith the LORD; Take heed to yourselves, and bear no burden on the sabbath day, nor bring *it* in by the gates of Jerusalem;

Jeremiah 17:22 Neither carry forth a burden out of your houses on the sabbath day, neither do ye any work, but hallow ye the sabbath day, as I commanded your fathers.

Jeremiah 17:24 And it shall come to pass, if ye diligently hearken unto me, saith the LORD, to bring in no burden through the gates of this city on the sabbath day, but hallow the sabbath day, to do no work therein;

Jeremiah 17:27 But if ye will not hearken unto me to hallow the sabbath day, and not to bear a burden, even entering in at the gates of Jerusalem on the sabbath day; then will I kindle a fire in the gates thereof, and it shall devour the palaces of Jerusalem, and it shall not be quenched.

Ezekiel 46:1 ¶ Thus saith the Lord GOD; The gate of the inner court that looketh toward the east shall be shut the six working days; but on the sabbath it shall be opened, and in the day of the new moon it shall be opened.

Ezekiel 46:4 And the burnt offering that the prince shall offer unto the LORD in the sabbath day *shall be* six lambs without blemish, and a ram without blemish.

Ezekiel 46:12 Now when the prince shall prepare a voluntary burnt offering or peace offerings voluntarily unto the LORD, *one* shall then open him the gate that looketh toward the east, and he shall prepare his burnt offering and his peace offerings, as he did on the sabbath day: then he shall go forth; and after his going forth *one* shall shut the gate.

Amos 8:5 Saying, When will the new moon be gone, that we may sell corn? and the sabbath, that we may set forth wheat, making the ephah small, and the shekel great, and falsifying the balances by deceit?

NEW TESTAMENT

- Matthew 12:1 ¶ At that time Jesus went on the sabbath day through the corn; and his disciples were an hungred, and began to pluck the ears of corn, and to eat.
- Matthew 12:2 But when the Pharisees saw *it*, they said unto him, Behold, thy disciples do that which is not lawful to do upon the sabbath day.
- Matthew 12:5 Or have ye not read in the law, how that on the sabbath days the priests in the temple profane the sabbath, and are blameless?
- Matthew 12:8 For the Son of man is Lord even of the sabbath day.
- Matthew 12:10 And, behold, there was a man which had *his* hand withered. And they asked him, saying, Is it lawful to heal on the sabbath days? that they might accuse him.
- Matthew 12:11 And he said unto them, What man shall there be among you, that shall have one sheep, and if it fall into a pit on the sabbath day, will he not lay hold on it, and lift *it* out?
- Matthew 12:12 How much then is a man better than a sheep? Wherefore it is lawful to do well on the sabbath days.
- Matthew 24:20 But pray ye that your flight be not in the winter, neither on the sabbath day:
- Matthew 28:1 ¶ In the end of the sabbath, as it began to dawn toward the first *day* of the week, came Mary Magdalene and the other Mary to see the sepulchre.
- Mark 1:21 And they went into Capernaum; and straightway on the sabbath day he entered into the synagogue, and taught.
- Mark 2:23 And it came to pass, that he went through the corn fields on the sabbath day; and his disciples began, as they went, to pluck the ears of corn.
- Mark 2:24 And the Pharisees said unto him, Behold, why do they on the sabbath day that which is not lawful?
- Mark 2:27 And he said unto them, The sabbath was made for man, and not man for the sabbath:**
- Mark 2:28 Therefore the Son of man is Lord also of the sabbath.
- Mark 3:2 And they watched him, whether he would heal him on the sabbath day; that they might accuse him.
- Mark 3:4 And he saith unto them, Is it lawful to do good on the sabbath days, or to do evil? to save life, or to kill? But they held their peace.
- Mark 6:2 And when the sabbath day was come, he began to teach in the synagogue: and many hearing *him* were astonished, saying, From whence hath this *man* these things? and what wisdom *is* this which is given unto him, that even such mighty works are wrought by his hands?
- Mark 15:42 ¶ And now when the even was come, because it was the preparation, that is, the day before the sabbath,
- Mark 16:1 ¶ And when the sabbath was past, Mary Magdalene, and Mary the *mother* of James, and Salome, had bought sweet spices, that they might come and anoint him.
- Luke 4:16 And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.
- Luke 4:31 ¶ And came down to Capernaum, a city of Galilee, and taught them on the sabbath days.
- Luke 6:1 ¶ And it came to pass on the second sabbath after the first, that he went through the corn fields; and his disciples plucked the ears of corn, and did eat, rubbing *them* in *their* hands.
- Luke 6:2 And certain of the Pharisees said unto them, Why do ye that which is not lawful to do on the sabbath days?
- Luke 6:5 And he said unto them, That the Son of man is Lord also of the sabbath.
- Luke 6:6 And it came to pass also on another sabbath, that he entered into the synagogue and taught: and there was a man whose right hand was withered.
- Luke 6:7 And the scribes and Pharisees watched him, whether he would heal on the sabbath day; that they might find an accusation against him.
- Luke 6:9 Then said Jesus unto them, I will ask you one thing; Is it lawful on the sabbath days to do good, or to do evil? to save life, or to destroy *it*?
- Luke 13:10 ¶ And he was teaching in one of the synagogues on the sabbath.
- Luke 13:14 And the ruler of the synagogue answered with indignation, because that Jesus had healed on the sabbath day, and said unto the people, There are six days in which men ought to work: in them therefore come and be healed, and not on the sabbath day.
- Luke 13:15 The Lord then answered him, and said, *Thou* hypocrite, doth not each one of you on the sabbath loose his ox or *his* ass from the stall, and lead *him* away to watering?
- Luke 13:16 And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day?

Luke 14:1 ¶ And it came to pass, as he went into the house of one of the chief Pharisees to eat bread on the [sabbath](#) day, that they watched him.

Luke 14:3 And Jesus answering spake unto the lawyers and Pharisees, saying, Is it lawful to heal on the [sabbath](#) day?

Luke 14:5 And answered them, saying, Which of you shall have an ass or an ox fallen into a pit, and will not straightway pull him out on the [sabbath](#) day?

Luke 23:54 And that day was the preparation, and the [sabbath](#) drew on.

Luke 23:56 And they returned, and prepared spices and ointments; and rested the [sabbath](#) day according to the commandment.

John 5:9 And immediately the man was made whole, and took up his bed, and walked: and on the same day was the [sabbath](#).

John 5:10 The Jews therefore said unto him that was cured, It is the [sabbath](#) day: it is not lawful for thee to carry *thy* bed.

John 5:16 And therefore did the Jews persecute Jesus, and sought to slay him, because he had done these things on the [sabbath](#) day.

John 5:18 Therefore the Jews sought the more to kill him, because he not only had broken the [sabbath](#), but said also that God was his Father, making himself equal with God.

John 7:22 Moses therefore gave unto you circumcision; (not because it is of Moses, but of the fathers;) and ye on the [sabbath](#) day circumcise a man.

John 7:23 If a man on the [sabbath](#) day receive circumcision, that the law of Moses should not be broken; are ye angry at me, because I have made a man every whit whole on the [sabbath](#) day?

John 9:14 And it was the [sabbath](#) day when Jesus made the clay, and opened his eyes.

John 9:16 Therefore said some of the Pharisees, This man is not of God, because he keepeth not the [sabbath](#) day. Others said, How can a man that is a sinner do such miracles? And there was a division among them.

John 19:31 ¶ The Jews therefore, because it was the preparation, that the bodies should not remain upon the cross on the [sabbath](#) day, (for that [sabbath](#) day was an high day,) besought Pilate that their legs might be broken, and *that* they might be taken away.

Acts 1:12 ¶ Then returned they unto Jerusalem from the mount called Olivet, which is from Jerusalem a [sabbath](#) day's journey.

Acts 13:14 ¶ But when they departed from Perga, they came to Antioch in Pisidia, and went into the synagogue on the [sabbath](#) day, and sat down.

Acts 13:27 For they that dwell at Jerusalem, and their rulers, because they knew him not, nor yet the voices of the prophets which are read every [sabbath](#) day, they have fulfilled *them* in condemning *him*.

Acts 13:42 ¶ And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next [sabbath](#).

Acts 13:44 And the next [sabbath](#) day came almost the whole city together to hear the word of God.

Acts 15:21 For Moses of old time hath in every city them that preach him, being read in the synagogues every [sabbath](#) day.

Acts 16:13 And on the [sabbath](#) we went out of the city by a river side, where prayer was wont to be made; and we sat down, and spake unto the women which resorted *thither*.

Acts 17:2 And Paul, as his manner was, went in unto them, and three [sabbath](#) days reasoned with them out of the scriptures,

Acts 18:4 And he reasoned in the synagogue every [sabbath](#), and persuaded the Jews and the Greeks.

Colossians 2:16 ¶ Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the [sabbath](#) days:

The Ten Commandments (The List)

1. Thou shalt have no other gods before me.
2. Thou shalt not make unto thee any graven image.
3. Thou shalt not take the name of the LORD thy God in vain.
4. Remember the Sabbath day, to keep it holy.
5. Honor thy father and thy mother.
6. Thou shalt not kill.
7. Thou shalt not commit adultery.
8. Thou shalt not steal.
9. Thou shalt not bear false witness against thy neighbor.
10. Thou shalt not covet.

The Ten Commandments

(FULL VERSION - KJV)

Exodus 20:3-17

3 Thou shalt have no other gods before me.

4 Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.

5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

6 And shewing mercy unto thousands of them that love me, and keep my commandments.

7 Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain.

8 Remember the sabbath day, to keep it holy.

9 Six days shalt thou labour, and do all thy work:

10 But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

12 Honor thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.

13 Thou shalt not kill.

14 Thou shalt not commit adultery.

15 Thou shalt not steal.

16 Thou shalt not bear false witness against thy neighbor.

17 Thou shalt not covet thy neighbor's house, thou shalt not covet thy neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbor's.