

Anatomy of an Affair

Keep your heart with all diligence.

What did Jesus teach and interpret regarding the command? He taught that every sin has its root cause, its predecessor, is in our thoughts and desires. No one ever had an affair without thinking about it first. It begins in the thoughts, then the emotions, and finally in the body.

- Matthew 5:27 Jesus addresses the **root cause** of “adultery” is lust, desire, and coveting.
- Matthew 15:19 For **out of the heart** proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:
- James 1:14 But every man is tempted, when he is **drawn away** of his own lust, and enticed.

❖ **Physical Attraction** – (**secret fantasies**) The eye has desires and breeds fantasies. The desire to have what one sees. Has God said “no”? Why has he said “no”? Why is he holding some earthly pleasure from me that will make me fulfilled or satisfied? Dreaming about someone can be very dangerous. “But I have no control of that!” No, but repeated fantasies tell us what is really going on in our heart of hearts.

❖ **Flirtation** - (**secret fishing**) Flirting is an innocent schoolyard skill developed early in life. Chasing girls in the playground, hitting girls, tag, or teasing are all flirtations. Later it becomes smiling, flattery, winking, goo-goo eyes, joking, dressing to attract, being cute. Guard how you dress or put on make up. Why are you doing it?

❖ **Intimacy** – (**secret conversations**) Private conversation with someone who is not your wife/husband. Exchange of personal intimacies. Having a **close friend** of the opposite sex is always a dangerous thing. Adulteries usually take place with someone close to you, a neighbor, best friend, close colleague. E-mail intimacies. Cell phone intimacies. Guard your **relationships**.

❖ **Declarations** – (**secret romance**) Revealing affection for a person *“I’m really crazy about like you I like being with you. I missed you. I like talking to you. You are really special to me. I wish I had married someone like you. Where were you before I got married?”* Romantic affections always precede adultery. Guard your **confessions**.

❖ **Tender Touches** (**secret fondness**) A touch can be a powerful thing, to some it is like electricity, sparks, wind on flames or embers. Promiscuously “leaning,” “hugging” “caressing,” “physical touch” or “a kiss,” are all extremely dangerous liaisons. The song says, “Kiss is just a kiss” - not so, a kiss is a powerful thing. A touch can be like an electric current, a thrill, a turn-on. **Guard you touches**.

❖ **Private Meetings** (**secret rendezvous**) Meetings in secret, behind closed doors. Your spouse doesn’t know about it, and wouldn’t be happy if he/she did. Whether for a business meeting, a cup of coffee, or “meet me in my room”, or “Can you come in for a moment?” All such meetings are private for intimacy and lead to immorality.